

# NASW WI 2010 LUNCH HOUR TELECONFERENCE SERIES

## Earn One Continuing Education Hour Without Leaving Your Desk!

The NASW WI teleconference series allows you to earn continuing education hours over the lunch hour without leaving your desk. We offer you convenience combined with expert presenters, interesting and useful topics, and interaction with your peers, all for an affordable price. All workshops will be held from Noon to 1:00 p.m. Registrants will be emailed directions for joining the teleconference and handouts in advance.

**February 11**    **Trauma's Impact on Body, Mind, Heart and Spirit Healing**    **George Kamps, LCSW, MSW**

Traumatic events impact the whole person. This session will weave the effects of trauma into the fabric of one's life journey. Using lessons learned from Vietnam Veterans and Native American beliefs, the presenter will enable participants to assess for the effects of trauma and assist those affected to seek balance in their physical, emotional, psychological and spiritual health

**February 19**    **Continuing to Unpack the Invisible Knapsack: Exploring the Meaning of Whiteness**    **Martha Barry, Ph.D.**

Many of us do not have a full understanding of how whiteness and the white race came in to being. Social workers who are part of the dominant culture may not be aware of how being white impacts our individual perspective on race and can impede efforts to take action against racism. This workshop will provide an opportunity for social workers to increase their knowledge of whiteness as a construct and how it relates to one's role as a social worker.

**February 24**    **Myriad Strategies for Seeking Control in the Dying Process**    **Tracy Schroepfer, MSW, Ph.D.**

The world of terminally ill individuals grows smaller each day due to their being home or facility bound. As their world shrinks, opportunities for exercising control become limited. For social workers looking to assist them with their psychosocial/spiritual needs, it is crucial to understand aspects of the dying process over which these individuals seek to exercise control and the strategies they use to do so. This presentation will provide insight via the words of 84 terminally ill individuals, who participated in face-to-face interviews about exercising control in their dying process. The knowledge gained from these interviews has important implication for practitioners.

**March 1**    **Changes and Challenges Faced by Adolescents and Adults with Autism**    **Marsha Mailick Seltzer, Ph.D.  
Steven Greenberg, MSSW, Ph.D.**

Working with data from a longitudinal study of 406 families of people with an autism spectrum disorder we will report on the major findings from our study. The aims of this study include understanding the long-term impact on families of parenting a son or daughter with autism, the identification of resources to buffer care-giving stress, the effect of the family environment on the individual with the autism, and the unfolding course of autism over the life course. We will discuss the daily challenges these families face and how the stress of care-giving affects the physiological health of parents.

**March 2**    **Environmental Strategies to Reduce High Risk Drinking Among College Students**    **Aaron Brower, Ph.D.**

This workshop will present data and research findings on a ten year national project to test the impact of environmental strategies to reduce high risk drinking in campus communities. Participants will learn how to utilize local data to influence policy and cultural change regarding excessive alcohol use.

**March 4**    **Social Work Administration**    **Eileen Mershart, CISW**

Eileen Mershart, CISW, the presenter for this teleconference is a social worker who has a wealth of administrative experience. She has served as the Executive Director of the Wisconsin Women's Council, Executive Director of NASW-WI and Deputy Secretary of the Wisconsin Department of Revenue. Currently she is the CEO of the Madison YWCA and she serves on the national board of the YWCA. She will discuss ways in which administrators balance their mission with funding, political, managerial and ethical challenges that arise in their work.

## TELECONFERENCE PRESENTERS

**Martha Barry, Ph.D.**, is the Racial Justice Director for the YWCA of Greater Milwaukee. Her work includes providing community education on eliminating racism through the six-part series Unlearning Racism: Tools for Action. Dr. Barry also oversees the coordinator of the youth racial justice program which includes Camp Everytown, an anti-bias, anti-oppression week-long camp for youth ages 14-18, as well as racial justice education provided in Milwaukee area schools. Prior to her tenure at the YWCA, she spent 15 years in Human Resources for The Mark Travel Corp. She has also worked for nonprofit organizations in Los Angeles, San Francisco, and Oakland, CA as well as in Madison and Milwaukee, WI. Her Master's degree is in Continuing and Adult Vocational Education from UW-Madison with her doctoral degree in Leadership for the Advancement of Learning & Service from Cardinal Stritch University. Dr. Barry's dissertation was on the formation process of white antiracist activists.

**Aaron Brower, Ph.D.**, is a co-director of the UW-Madison PACE project to reduce high-risk drinking among college students. Dr. Brower is Vice-Provost for Teaching and Learning and Professor of Social Work at UW-Madison. His scholarship and teaching focuses on the transition from high school to college, and on a variety of issues related to college student life and "integrative learning" innovations in college education.

**Jan Steven Greenberg, MSSW, Ph.D.**, is the Director and Professor of the School of Social Work and an investigator at the Waisman Center. Dr. Greenberg is a co-Principal Investigator on the autism study. His research focuses on families of persons with mental illness; aging parents as caregivers to adult children with mental illness. In addition to his research, Jan is Director of an NIMH Pre-doctoral training grant program in Mental Health Services.

**George J. Kamps MSW, ACSW, LCSW**, earned his MSW at UW-Milwaukee in 1974 after serving two years of active duty in the U.S. Navy. He has worked as a psychotherapist for Family Services and the Oneida Nation for 32 years specializing in trauma recovery. He currently has a private practice in Green Bay where he continues to work, primarily, with combat veterans. George has served on the Board of Directors of NASW-WI from 1994 through 2000 and currently is completing his second term on the Dept. of Regulation and Licensing, Social Work Section of the Marriage and Family, Professional Counselors and Social Work Joint Board.

**Marsha Mailick Seltzer, Ph.D.**, is the Director of the Waisman Center and a Professor of Social Work. She is the Principal Investigator of a longitudinal study of 406 families of adolescents and adults with autism (R01 AG08768, 2000-2012). This study involves the parents of adults with autism, in collaboration with Jan Greenberg of the University of Wisconsin -Madison. The focus of her research is on the life course impacts of disability on the family. She is interested in how lifelong care giving affects the well-being of parents and siblings of individuals with disabilities, including autism, Down syndrome, and schizophrenia. In addition, she has studied how the family environment affects the development of individuals with disabilities.

**Eileen Mershart, CISW**, has served in government, academia and the non-profit sector, working on behalf of women, minorities and children for the past 40 years. For the past 11 years Eileen has served as CEO of the YWCA Madison whose mission is the elimination of racism and the empowerment of women. Prior to that she has served as the Executive Director of the Wisconsin Women's Council; Executive Director of NASW-WI and Deputy Secretary of the Wisconsin Department of Revenue. Currently Eileen serves on the national board of the YWCA; was a delegate to the 2003 and 2007 YWCA World Council Meetings in Brisbane and Nairobi. In 2009 she was the recipient of the Athena Award from the Business Forum and in 2008 was awarded the Best of Madison's Editor's Choice Award from Madison Magazine. In 1994, Eileen was chosen Social Worker of the Year by NASW-WI and Feminist of the Year from WI NOW in 2000. Eileen taught social work at the College of St. Scholastica and has been adjunct professor at Marian College, the UW-Madison and Upper Iowa University.

**Tracy Schroepfer, Ph.D., MSW, MA**, is an assistant professor at the UW - Madison's School of Social Work and is affiliated with the University's Institute on Aging, Comprehensive Cancer Center, Center on Patient Partnerships, and Department of Population Health Sciences. She is a recipient of the Hartford Geriatric Social Work Faculty Scholar Award, a national award that provides support for one of her current research projects: the development of an instrument to assess the psychosocial and spiritual needs of terminally ill elders. Dr. Schroepfer is on the board of the Association for Gerontology Education in Social Work, and the Social Work in Hospice and Palliative Care Network. She is also a member of the American Academy of Hospice and Palliative Medicine, the American Geriatrics Society, the Association for Death Education and Counseling, the Association for Gerontology in Higher Education, the Gerontological Society of America, and the National Association for Social Workers. She has authored or co-authored 17 journal articles and two book chapters.