

★★★★ 2012 NASW WISCONSIN CHAPTER HOME STUDY PROGRAM ★★★★★

TEN NEW PROGRAMS

- 1 **Advocacy 101: How to Conduct Real World Advocacy Efforts** by Mary Thomas, MSW, LCSW
- 2 **A Piece of the Trauma Puzzle: Life Threatening Illness** by Linda Weitz, MS, MSW
- 3 **Culturally Congruent Social Work Practice with Hmong Families** by Dr. Gwat Yong Lie, Pa Vang and Christa Xiong 1..5 CEH's
- 4 **Effective Advocacy with Victims of Domestic Abuse** by Kristin Hoffschmidt, MSSW
- 5 **Understanding and Complying with Federal HIPPA Regulations in Wisconsin** by Sheri Morgan, JD, MSW
- 6 **Mental Health: A Definition That Encourages a Focus on Clients Strengths** by Gloria Fennell, RN, MSW, PhD 1.5 CEH's
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- 36 **Mindfulness: Cultivating Inner Stability in the Midst of Uncertainty and Change** by Mare Chapman, MA - ★ NEW ★
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- 38 **Personal Safety Issues for Social Workers** by Officer Frank Chandler, Crime Prevention Officer, Madison Police Dept. - ★ NEW ★
- 39 **Bringing the War Home: The Impact of the War in Iraq and Afghanistan Military Servicemembers, Veterans and Families** by Gail Gunter-Hunt, ACSW; Kurt Brunner, MSW, LCSW; Stephanie Daugherty-Dennis and Jennifer Jaqua - ★ NEW ★
- 40 **Serving the Needs of LGBTQ Community During the Lifespan** by Dana L. Strohm, MSW - ★ NEW ★
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- 42 **Pre-Licensure Clinical Supervision for Practitioners in Youth-Serving Agencies** by Carol Faynik, MA, LCSW - ★ NEW ★
- 43 **Working With Angry People** by Ron Diamond, MD - ★ NEW ★

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# of CE Hours	Member	Student/Retired/ Unemployed Member	Non-Member
1 CEH	\$25	\$20	\$35
1.25 CEH	\$32.50	\$25	\$45
1.5 CEH	\$40	\$30	\$55
2 CEH	\$50	\$40	\$70
3 CEH	\$65	\$55	\$80
4 CEH	\$80	\$70	\$95

★★★★ NASW WI HOME STUDY PROGRAM DESCRIPTIONS & PRESENTER BIOS ★★★★★

1. **ADVOCACY 101: HOW TO CONDUCT REAL WORLD ADVOCACY EFFORTS** BY MARY THOMAS, MSW, LCSW **1.5 CEH**

Social workers and other citizens face many challenges in advocating policies that positively affect low-income children and families. The NASW Code of Ethics charges social workers with the responsibility to advocate for social justice, especially for the most vulnerable of our society. Therefore, social workers need a variety of skills to effectively conduct advocacy efforts. This workshop will use examples from the work of the Coalition to Save Our Children to present "lessons learned" and an analysis of advocacy efforts. Practices that have been effective, as well as efforts that have not succeeded will be examined. Ethical issues faced by the Coalition as well as information on how those issues were resolved will be presented.

Mary Thomas, MSW, LCSW, has been a social worker for over 25 years and has worked in the areas of child welfare, juvenile delinquency, mental health, and substance abuse. Throughout her career, Ms. Thomas has worked with low-income individuals and families. She has been a social work educator for the past ten years; Ms. Thomas is Co-Chair of the Coalition to Save Our Children, a Milwaukee-based organization of about 20 local and statewide groups, which has been informing legislative and administrative policy-makers on issues affecting families involved in the Wisconsin child welfare systems for the past ten years.

2. **A PIECE OF THE TRAUMA PUZZLE: TRAUMA OF A LIFE- THREATENING ILLNESS** BY LINDA WEITZ, MS. MSW **1 CEH**

The stressor criterion for Post Traumatic Stress Disorder (PTSD) in the DSM-IV includes life-threatening illnesses as precipitating traumatic events. Recent research confirms the presence of PTSD in individuals and family members with life-threatening illnesses, such as cancer. This session will review the research on PTSD and cancer and present clinical implications for medical social workers.

Linda Weitz, MS, MSW, while completing her MSW degree from the University of Minnesota -Twin Cities, Linda Weitz, MS, MSW, interned on the Bone Marrow Transplant Unit at Mayo Clinic in Rochester, Minnesota and on the Intensive Care and Cardiac Care Units at Wausau Hospital in Wausau, Wisconsin. Linda's clinical interests include implementing effective interventions for patients affected by the trauma of serious illness, incorporating research into medical social work practice, addressing grief and loss issues, and adapting a culturally competent practice. She is employed as a social work supervisor for Wood County.

3. **CULTURALLY CONGRUENT SOCIAL WORK PRACTICE WITH HMONG FAMILIES** BY DR. GWAT YONG-LIE, PA VANG & CHRISTA XIONG **1.5 CEH**

The goal of the workshop is to make participants aware of the challenges which Hmong families encounter. Specifically, presenters will address 1) the influence of custom, tradition and normative practice on help-seeking behaviors; 2) social change and its effects on families, e.g., relative to child welfare and juvenile justice issues; 3) key health/mental health needs and 4) the importance of outreach, advocacy and community education as intervention measures. Dr. Lie will serve as moderator for the session.

Dr. Gwat-Yong Lie is an Associate Professor of Social Work at the School of Social Welfare, University of Wisconsin-Milwaukee. She teaches courses in social work methods and intimate partner violence. She has done research and published in the areas of intimate partner violence, multicultural social work practice, and women's issues.

Pa Y. Vang is an Associate Outreach Specialist at the Center for Urban Community Development at the University of Wisconsin-Milwaukee. She is currently coordinating the Refugee Teachers Training and Mentoring Program to assist refugee individuals in accessing higher education at Milwaukee Area Technical College, Cardinal Stritch University, and University of Wisconsin-Milwaukee. She worked with Hmong MAAs in Wisconsin and woman-led women of color organizations across the country around capacity building evaluation.

Christa C. Xiong joined Hmong American Women's Association as the Executive Director in December 2001. She has been working in the nonprofit sector for the past ten years and has a great passion for social issues, specifically concerns facing Hmong women and youth. Ms. Xiong comes with the understanding that the work she does is vital to improving and strengthening the Hmong community in America. Christa is considered bold as a pioneer among her peers and an emerging Hmong leader in her community

4. **EFFECTIVE ADVOCACY WITH VICTIMS OF DOMESTIC ABUSE: WHAT EVERY SOCIAL WORKER SHOULD KNOW** BY KRISTIN HOFFSCHMIDT, MSSW **1.25 CEH**

All social workers come into contact with victims of domestic abuse and their families, and it is critical that they are prepared to assist them. This session will cover specific tips on how to improve your practice with victims of domestic abuse, including safety planning, crime victim rights, and an update on recent law changes. The presentation and discussion will cover examples of ethical dilemmas with respect to legal remedies and immigrant victims of abuse, and strategies on how to partner with state and local resources.

Kristin Hoffschmidt, MSSW, is a Community Benefits Specialist at Employment Resources, Inc. (ERI). ERI provides employment and benefits counseling, assistive technology, and community outreach services to people with disabilities who are considering or pursuing employment. She has served as the Legal Systems Advocate for Domestic Abuse Intervention Services (DAIS) in Dane County. and provided training to a variety of systems players on legal issues and domestic abuse, such as police, sheriff's deputies, EAP professionals, university staff, and others. She has worked in the Latino community and with migrant agricultural workers in WI. As an NASW member, she has served on the Legislative and Social Policy Committee, served as the South Central Branch Chair and the Secretary of the NASW WI Board of Directors. She attended the UW-Madison and has worked in the areas of benefits counseling, domestic violence intervention, immigrant communities, and family support.

5. UNDERSTANDING AND COMPLYING WITH FEDERAL HIPPA REGULATIONS IN WISCONSIN BY SHERI MORGAN, JD, MSW 3 CEH

This presentation will provide an overview of the federal medical privacy regulations that became applicable to many social workers on April 14, 2003, as well as a brief discussion of the Electronic Transactions Standards and Code Sets regulations that became effective on October 16, 2003. Requirements for compliance will be outlined along with information about where to locate additional resources. Practice pointers will be offered to enhance participants' ability to apply the material presented to real-life settings.

Sheri L. Morgan, JD, MSW, is the NASW Legal Defense Fund Associate Counsel. Both an attorney and a clinical social worker, she is a former legislative liaison for the Maryland Chapter of NASW. Prior to that, she worked as a clinician and manager for a Baltimore family service agency

6. MENTAL HEALTH: A DEFINITION THAT ENCOURAGES A FOCUS ON CLIENT STRENGTHS BY GLORIA FENNEL, RN, MSW, PH.D. 1.5 CEH

Social work has a long-standing tradition of working with individuals from a perspective of strengths. In the practice of clinical social work it can be difficult to maintain a strengths orientation in the midst of the pathology based diagnostic system. However, when provided with a clinically useful definition of mental health, social workers can focus on client strengths and health without losing sight of clinical issues associated with the client's problem or pathology. The focus of this session will be a model of mental health that appears to be clinically useful in assisting the clinician in maintaining the orientation to both health and problem.

Gloria Fennell, RN, MSW, Ph.D., is a member of the Social Work faculty at the University of Wisconsin Eau Claire. Her professional career began as a registered nurse. She has an MSW from George Williams College and a Ph.D. in clinical social work from the Loyola University-Chicago. In addition to experience as a social work educator, she has worked as a clinical social worker, clinical supervisor, and school social worker.

7. PEACE POWER STRATEGIES BY MARK A. MATTAINI, DSW, ACSW 2 CEH

The goal of the PEACE POWER strategy is the construction of cultures of nonviolent power with youth and adults in youth-serving organizations, schools, and community settings. The strategy, deeply grounded in the science of behavior and integrating practices from Native American and other indigenous cultures, is designed to be extensively adaptable to local cultures, resources, and values. In this hands-on session, Dr. Mattaini will provide examples of PEACE POWER projects implemented with youth in several states, present a menu of PEACE POWER tools and activities, and work with participants to elaborate possible applications of the strategy in their own settings.

Mark A Mattaini, DSW, ACSW, is Associate Professor and Director of the Doctoral Program, Jane Addams College of Social Work, University of Illinois at Chicago. His writing, research, and current practice focus on youth violence prevention, practice theory, and applied analysis of cultural networks to support social justice. Dr. Mattaini has been coordinator of the PEACE POWER Working Group since 1994. The Peace Power projects emphasize the development of local strategies that are adapted to be consistent with local cultures and values within a matrix of shared power.

8A. SOCIAL WORK AND THE LAW: CLIENTS' RIGHTS, ETHICS AND MALPRACTICE BY ROCK PLEDL, ESQ. 1.5 CEH

This session will review the standards that define ethical and appropriate social work practice and discuss the origins and evolution of these standards. The legal concepts of clients' rights, ethics and malpractice will be defined and contrasted. The importance of collegial consultation to both prevent and defend against claims will be discussed. The presentation will review common pitfalls and also discuss special problems related to "new" service models such as managed care and community-based services. The goal is to create a decision making process that professionals can use to navigate difficult situations.

8B. SOCIAL WORK AND THE LAW: CONFIDENTIALITY BY ROCK PLEDL, ESQ. 1.5 CEH

Client confidentiality is one of the profession's most important principles, but it must often give way to other public policy considerations. This session will review the basic principles of confidentiality and problems that arise in particular practice settings along with the exceptions for abuse and misconduct reporting, duty to commit or warn, incompetent clients, mandated special education referrals and other statutory exceptions. It will also discuss how to handle client confidentiality issues within organizations and in response to court subpoenas.

Robert "Rock" Pledl Esq., is an attorney with the Brookfield law firm of Schott, Bublitz and Engel, S.C. He has represented thousands of clients in commitment and placement cases, special education disputes, professional discipline proceedings, discrimination actions, juvenile and criminal cases, and civil actions for violations of treatment rights in both inpatient and outpatient settings. Mr. Pledl has worked on numerous committees concerned with the delivery of quality disability services and has been recognized by groups such as the Governor's Committee for People with Disabilities, the Brain Injury Association of Wisconsin and Wisconsin Correctional Service.

9. SOCIAL WORK WITH LESBIAN AND GAY CLIENTS 101 BY JOE DOOLEY, PH.D., LCSW 1.5 CEH

Many gay and lesbian clients feel that they must instruct their social worker about what it is like to be gay or lesbian. This workshop is designed for non-lesbian and gay social workers who want to gain cultural competence in working with this population. The facilitator is a gay social worker who uses didactic, experiential and case study methods to help participants feel confident in working with lesbian and gay clients.

Joe Dooley, Ph.D., LCSW, is an associate professor for the Social Work Department of Mount Mary College in Milwaukee, Wisconsin. He is also a visiting assistant professor for the School of Social Work, UW-Madison. He earned his Ph.D. in clinical social work at Loyola University in Chicago. Before entering academia, Joe was a clinical social worker for twenty years in a wide variety of mental health programs. His private practice focuses on work with LGBT clients.

10. PSYCHOSOCIAL ASPECTS OF INDIVIDUAL AND FAMILY FINANCES BY CONNIE KILMARK 1.5 CEH

Job insecurities, rampant consumer debt and a troubled mortgage and real estate market all add stress to an already emotional and often taboo subject: money. Each person experiences the financial world through the filter of his/her own family of origin patterns, peer culture, gender constructs and unique neurobiology. Couples often find themselves more in conflict over money than any other subject. Facts are often tangled up with feelings about the facts. Money is an abstract concept, and serves as a canvas on which is projected self-concept, hopes, values and beliefs.

Connie Kilmark: Ms. Kilmark has created an original approach to financial issues, balancing technical aspects of finances with sensitivity to the emotional and psychological dynamics. An experienced couple's counselor for over thirty years, Ms. Kilmark sees clients at every stage of money conflict, up to and including divorce. As director of the Madison Consumer Credit Counseling Service from 1976 through 1987, Ms. Kilmark supervised yearlong field placements for second year Masters candidates from the UW School of Social Work. In full time private practice, Ms. Kilmark divides her time between private counseling, speaking and teaching in professional development conferences.

11. TRAUMA AND GRIEF WITH NO END: FAMILIES DEALING WITH SERIOUS MENTAL ILLNESS BY MONA WASOW, MSSW 3 CEH

For over twenty years research findings have been consistent and clear, educating family members about the serious mental illness of their loved one makes a huge difference, both to the families and their ill relative. The disgrace is that only 2% of agencies in the U.S. are providing this education! This workshop covers what families go through; looks at the abuses and uses of confidentiality; and then goes through the content and process of providing psycho education for families. The main goal is that you leave the workshop knowing how to provide this education.

Mona Wasow, MSSW, has worked in the area of serious mental illness for twenty-five years, wearing three different hats: as a professor and field supervisor, a researcher and a family member. She reports these three hats often fight with each other, giving her varied and unique perspectives on the topic. She has been active in The National Alliances for the Mentally Ill, written three books and many articles on the topic, and has respect for the very different perspectives of people with mental illnesses, families, and professionals.

12. TRAUMA AND TRANSCENDENCE BY PAMELA PHILLIPS OLSON, MSW, LCSW 1.5 CEH

This workshop is suitable for social workers who wish to examine psychological trauma and its effects on the individuals we serve. The program includes the following: a brief history of the study of trauma; trauma in current events; a look at the diagnosis; "Not Always Who They Seem", a video in which four young adults look back at trauma in their lives; symptoms and misdiagnoses; treatment, trauma and creativity, a look at popular art and music; self-care, avoiding secondary trauma.

Pamela Phillips Olson, LCSW, is a Licensed Clinical Social Worker, with over 35 years of experience. She received her BA from Hunter College and her Masters from Yeshiva University's Wurzweiler School of Social Work, both in NYC. She has earned a certification in Trauma Counseling and in Corporate Counseling from UW-Milwaukee. She has worked in community mental health centers, an inner-city high school, as the director of an early intervention program and as leader of a statewide parent-professional work group. She has expertise in working with children, trauma survivors, as well as individuals with learning differences, employment issues, marital concerns and bereavement. Currently she is working in private practice with Midwest Center for Psychotherapy, where she serves people through the life span. She has presented workshops on a variety of topics to community agencies such as the Helen Bader School of Social of Social Welfare Continuing Education Program, Victim Witness Unit of the DA's Office, Dane County Human Services, Waisman Center Community Training Programs, Hospicecare, Inc. Madison, WI State EAPA, NASW and other professional organizations.

13. UNDERSTANDING THE DIVERSITY IN ALL OF US: A BASIS FOR EFFECTIVE SOCIAL WORK PRACTICE BY ELVIRA CRAIG DE SILVA, DSW, ACSW 1.25 CEH

The purpose of this program is to draw a clear picture of diversity, understand our own diversity and establish connections that will result in a more effective social work practice. The session will cover: 1) understanding how our own diversity shapes our outlook on life, 2) understanding the diversity of the population we serve, and 3) becoming competent with cultural diversity.

Dr. Elvira Craig de Silva, DSW, ACSW, served as the National NASW President from July 2005 through June 2008. She currently works as Associate Dean of the Communication Skills, Social Sciences and Foreign Languages Department at Waukesha County Technical College. She received her DSW from the Universidad del Museo Social Argentino, Buenos Aires, Argentina, and a diploma in Latin American Studies from Rutgers University. Her professional experiences include: Helen Bader School of Social Welfare, UW Milwaukee and Coordinator of Education and Research, Social Work Dept. VA Hospital, Milwaukee. She has done extensive work in diversity and intercultural communications and has been actively involved with NASW for the past 20 years including serving as President, Wisconsin Chapter (1996-98.)

14. SPECIAL TOPICS IN GERIATRIC ASSESSMENT BY ART WALASZEK, MD 1.5 CEH

Successful aging brings with it great opportunities. Unfortunately, mental illness among older adults is often unrecognized and more often inadequately addressed and thus increases the risk of dependence, disability and death. This presentation will focus on changes associated with normal aging, the interaction of mental illness with medical problems and medications and the recognition and management of geriatric mental health problems. Older adults are especially prone to depression and to cognitive impairment, topics that will receive special attention. Cases of older adults with mental illness will be used to illustrate various points within the presentation.

Art Walaszek, MD, is an Assistant Professor of Psychiatry and Director of Psychiatry Residency Training at the University of Wisconsin Medical School. He is a board-certified geriatric psychiatrist who practices at the Wisconsin Psychiatric Institute and Clinic. Dr. Walaszek has participated in research studies involving screening for memory problems in older adults and medications for dementia. Dr. Walaszek speaks regularly about topics in geriatric psychiatry, including late-life depression, anxiety, psychosis and dementia.

15. **WOMEN WITH SUBSTANCE USE DISORDERS: THE NEED FOR DIFFERENTIAL APPROACHES AND TREATMENT SERVICES** BY FRANCINE FEINBERG, PSYD, LCSW **1.5 CEH**

This presentation will explore the psychology of women to gain a theoretical grounding (relational, attachment and trauma theory) for the basis of gender-responsive treatment for women with substance use disorders. It will then examine the distinctive characteristics of the female physiology, women's roles, socialization and relative status within the larger culture and their impact on the etiology of psychological pathology, substance abuse and substance abuse treatment. Essentially this presentation will educate about the experience that women have with substance abuse (i.e., physiologically, psychologically, and socially) and how it differs from men's experience with substance abuse.

Dr. Francine Feinberg, PsyD, LCSW, is executive director of Meta House, Inc., and a national leader recognized for her development of a very successful approach to treatment for women with substance use disorders. She is a past member of the National Advisory Committee for Women's Services for the Substance Abuse and Mental Health Services Administration and chaired a committee writing the national Treatment Improvement Protocol (TIP) for substance use treatment of women. In existence since 1963, Meta House is a treatment program for women with substance use and mental health disorders and their children.

16. **SUICIDE PREVENTION** BY RONALD J. DIAMOND, MS, MD **1.5 CEH**

Assessment and intervention with someone who is potentially suicidal is extremely difficult, even for a well trained mental health professional. Safety can never be guaranteed, full information is never available, and follow-up options are always limited. Hospitalizing every patient who is potentially suicidal is both impractical and often counter-productive. Suicide risk/rating scales have been demonstrated to have very limited predictive validity. This workshop will discuss the process of suicide risk assessment and some practical suggestions about how to decrease risk. You will learn how to 1) have a better understanding of how to conduct an assessment for suicide risk, 2) understand how to assess risk, 3) understand steps that can decrease suicide risk in the crisis situation.

For more than 30 years, **Dr. Ron Diamond** has been involved in the community-based treatment of persons with severe and persistent mental illness. He has taught and written on issues of staff training, ethics, staff roles, decreasing coercion, medication compliance, psychiatric administration and system design. For more than a decade, he has been interested in how to integrate concepts of recovery and cultural competence into day-to-day clinical practice. The Mental Health Center of Dane County, one of the core training sites for psychiatry residents, is a national model in community psychiatry providing culturally competent services to both children and adults. He has written two books on psychopharmacology designed for non-medical clinicians, consumers and family members. The third edition of his general psychopharmacology book, "Instant Psychopharmacology" was published March 2009. His previous book, "Treatment collaboration, improving the therapist, prescriber, client relationship" was published 2007. **Dr. Diamond** received his M.D. and M.S. from the University of Pennsylvania in 1973, served his Residency at Stanford University in 1977 and received a Social Science Postdoctoral Fellowship from the University of Wisconsin in 1978. He is currently Medical Director of the Mental Health Center of Dane County, Professor of Psychiatry at the University of Wisconsin and Consultant to the Wisconsin Bureau of Mental Health and Substance Abuse

17. **ALTERNATIVES TO INCARCERATION: AN OVERVIEW** BY RYAN LISTER, ESQ. AND ELTON LOUIS, MSSW, LCSW **1.5 CEH**

Social workers are clearly involved in every aspect of a sentencing hearing in a criminal matter. They testify and introduce evidence at the criminal sentencing hearing to provide alternatives to incarceration. This presentation will demonstrate how social workers can testify in court and assist the legal process by presenting factors relevant to a sentence in a criminal matter. Areas to be covered include: utilizing your existing knowledge and experience and how to qualify and establish credibility as an expert witness.

Attorney Ryan D. Lister is a member of the State Bar of Wisconsin. He practices in the United States Court of Veterans Appeals; United States District Court-Western District of Wisconsin; United States District Court-Eastern District of Wisconsin; United States Court of Appeals for the Seventh Circuit. His practice emphasizes criminal defense. Instructor: University of Orlando, Orlando, Florida (1985-1990): courses in civil procedure, criminal procedure and criminology. Instructor Upper Iowa University, Wausau, Wisconsin (1995-2006): business law. He has represented hundreds of clients in sentencing hearings and probation/parole revocation hearings. Approximately five years ago, he started using a forensic social worker at these hearings.

Elton Louis, MSSW, LCSW has over 20 years experience providing family and individual therapy for a varied client population. Clinical experience includes the treatment of depression, anxiety and panic attack disorders, grief issues, adjustment disorders, and couples and family discord. AODA experience includes running a 12 week aftercare program and conducting a basic AODA education program. He has also provided treatment for dually diagnosed patients. Mr. Louis has testified in numerous cases as an expert witness in sentencing and revocation hearings for the past six years.

18. **WHEN SOUL MEETS BODY: RESPONDING TO CLIENTS WHO SELF HARM** BY CAROL MAPP, LCSW **3 CEH**

Yearly two million Americans regularly injure themselves intentionally and compulsively. This workshop will increase knowledge and understanding of this increasingly prevalent mental health issue and equip practitioner with skills to help clients break the cycle of self harm. Discussion includes practice guidelines to this complex issue.

Carol Mapp, LCSW, works with adolescents and their families and has extensive experience working with clients who self mutilate, are experiencing eating disorders, mood disorders and life transitions. Ms. Mapp has twenty years of experience working with at-risk youth as well as a professional trainer and has facilitated numerous national and statewide workshops regarding various adolescent mental health issues. Ms. Mapp has developed programs, curriculum, interventions and evaluative tools for at-risk youth. She owns a counseling and wellness center in Kennedale, TX and was one of the founding members of the Tarrant County Women's Chamber of Commerce.

19. **THE MIND BODY CONNECTION: HARNESSING THE POWER OF MOOD BY JERRY HALVERSON, MD**

1.25 CEH

Mainstream medicine is beginning to realize the importance of untreated psychological conditions in the course and outcome of medical illness. As both mental and physical illness rates increase, you will be in an important position to be able to help to extend and enrich life and functioning. The purpose of this workshop is to highlight how your patient's untreated psychological conditions can have dire physical consequences and we will then discuss examples that you may see in your practice and brainstorm approaches to treat these disorders and help to extend and enrich lives.

Jerry Halverson, MD, is a psychiatrist with certification in Psychosomatic Medicine. He is Medical Director of Adult Services at Rogers Memorial Hospital in Oconomowoc. He is Clinical Assistant Professor of Psychiatry at both the UW School of Medicine and Public Health and the Medical College of Wisconsin. He manages the gamut of psychiatric illness at Rogers, from residential, to partial hospital, to acute inpatient care. He is responsible for assuring that high quality, evidence based treatment is delivered to every patient. He is interested in the relationships between medical and psychological illnesses as well as integrating technology into care processes. He has lectured internationally on these, and other topics such as mood disorders, somatic interventions for psychiatric disorders and suicide risk assessment. He was recently honored for his leadership and advocacy by the Wisconsin Alumni Association with a "Forward Under 40" award and was given Early Career Leadership Awards by both the American Medical Association Foundation and the Wisconsin Medical Society Foundation.

20. **LONG TERM MENTAL ILLNESS AND LONG TERM CARE OPTIONS BY JOAN GROESSL, LCSW**

4 CEH

Individuals practicing in all settings will have exposure to individuals with severe and persistent mental illness. This four hour training will identify the diagnostic criteria, symptoms and approaches for treating schizophrenia, major depression, bi-polar and anxiety disorders. Included will be a brief overview of medications utilized in the treatment of these illness as well as recovery principles. Presentation is geared toward social work practitioners in such service as schools, child protection, long term care, probation and parole, group homes and homeless services.

Joan Groessl, MSW, LCSW, earned her Master's Degree in Social Work from UW-Milwaukee. She spent twenty years in the County Mental Health Services as both direct and administrative staff. Joan is currently a lecturer and MSW Field Coordinator for the Collaborative MSW Program for UW-Green Bay and UW-Oshkosh. One of the courses she teaches is Ethical Issues in Contemporary Social Work. Joan has been an active member of NASW-Wisconsin serving in the past as Northeast Branch Representative, Secretary and President from 2006- 2008. Joan was able to participate in Delegate Assembly on three occasions. She is the Chair of the Continuing Education Committee. Joan has been active in her local community and was formerly on the Algoma City Council, elected Chair by fellow council members and also served on the Planning Committee. Joan is married and the mother of three adult sons

21. **RURAL SOCIAL WORK: YOU CAN'T DO IT BY THE BOOK BY ARLENE LANGLEY, M.ED., MSW, LCSW; KARIN SCHMIDT, MSW, LCSW AND CYNDY THOMAS, MSW, LCSW**

1.5 CEH

Learn about cultural differences that give distinct uniqueness to social work practice in rural settings. Being successful requires social workers to be creative, and sometimes unconventional, while confronting the sobering realities of providing services in isolated, resource-limited environments. Maintaining a balance between professional distance and the closeness which is intrinsic to serving a population within which social workers may have lifelong relationships is essential. Rich with case examples illustrating the barriers and solutions to providing high quality services, this workshop provides a comprehensive view of how social work teams can be effective in rural settings.

Arlene Langley, MA Ed., MSW, LCSW, received her MSW from George Williams College of Aurora University in 1997. After a 27 year teaching career, she changed professions. Her social work career includes serving as Coordinator of Children Services at a full service domestic violence agency in DuPage County, IL, counseling women and families affected by sexual abuse, working as a Home Health social worker. She is currently providing Intensive In-Home Therapy in three counties to families whose children have severe emotional disabilities. She also provides psychotherapy at Family Partners Mental Health Center in Rhinelander.

Karin Schmidt MSW, LCSW, received her MSW from UW-Milwaukee in 1989. Her 25 year career includes work as a mental health therapist, psychiatric social worker, CPS supervisor, behavioral medicine educator in a medical school residency, community health researcher and educator and social work manager in a medical case management program. Karin is currently the Supervisor in the CPS unit of Vilas County Department of Social Services.

Cyndy Thomas, MSW, LCSW, received her MSW from the University of Houston, Graduate School of Social Work in 1979. Cyndy's 25 year career includes work as a mental health therapist, medical social worker, social work manager and CPS social worker. Cyndy is published in "Burns in Children" by Parks and Carvajal. Her proudest accomplishment was starting Camp Janus, a weekend camp for child burn patients in 1986. Cyndy is currently a social worker in the CPS unit of Vilas County Department of Social Services.

22. **HOW TO GET GRANTS BY BORIS FRANK**

1 CEH

This program will help you locate new funding sources for your organization. We will be covering the following topics: The basic principles of grant writing success; Sources of funding...who has the money?; How to select and research prospects. Sources of information about grants; using Foundation Center resources; Elements of successful proposals and Reasons proposals are rejected.

Boris Frank is a native of California grew up in New York City and graduated from The University of Wisconsin. Since 1982 he has consulted with over 750 not-for-profit organizations and government agencies in the areas of fundraising, volunteer management, board and leadership development, marketing and strategic planning. From 1964 to 1982 he was on the University of Wisconsin faculty in Madison, serving as a Producer/Director and Director of Administration for WHA-TV. Prior to that, he was in network TV in New York where he worked on a variety of programs on NBC, CBS and ABC, established and managed the TV stations in Curacao and Haiti, and headed up the International Broadcast Division of Screen Gems. A Visiting Lecturer for The University of Wisconsin, over 35,000 have attended his courses nationwide.

23. **SEXUAL ABUSE OF CHILDREN UNDER THE AGE OF FIVE BY SCOTT NEUBAUER**

1.25 CEH

This program addresses several sexual abuse cases involving victims under 5 that I investigated. These include a day care case where the owner was convicted and sentenced to 138 years in prison. As part of that case, and others, we will discuss the investigative pitfalls working with young children. We will also listen to the confessions of a serial pedophile to try to understand the relationship he develops with his victims. Finally I would like to show the predictable, devastating effect their victimization has on these infants as they mature.

Scott Neubauer has 34 years Law Enforcement experience, working with the Milwaukee, Muskego Police Departments and serving as Police Chief in Palmyra for the last 22 years. He holds a B.S. from the UW-Milwaukee in Criminal Justice (1977) and a Masters in Public Administration from UW-Oshkosh (1999) and is the author of "The Relationship Between Child Sexual Abuse and Criminal Activity." For the last 7 years, Scott Neubauer has traveled throughout the state giving talks on child abuse for hospitals, social workers, schools, district attorneys and police officers. In 2004, he received the Victim Witness Award from the Wisconsin Attorney General's Office for his work with child abuse cases and his presentations. Since July of 2005 he has been employed as a Criminal Justice Lecturer at UW-Whitewater

24. **THE SIXTH STANDARD: APPLYING SOCIAL WORK ETHICS IN THE GLOBAL COMMUNITY BY KAREN JICK, MSSW, DCSW** 1.5 CEH

This workshop will address the choices social work professionals face in fulfilling the sixth standard of the NASW Code of Ethics: Social Workers' Ethical Responsibilities to the Broader Society. Social work professionals have a mandate to take action to promote the general welfare of the populace and to do so at all levels of society. Distance and diffusion of responsibility, as well as nationalism and localism, inhibit individual responses to pervasive injustice, current crises, and emerging threats to the general welfare. Large scale issues are seen as problems immutable to resolution vs challenges with potential solutions. This workshop seeks to empower social work professionals to make informed choices that lead to meaningful actions targeted at alleviating current and future human suffering in the global community. A model for how individuals make choices for action in the global environment, where issues often seem insurmountable, will also be presented.

Karen Jick, MSSW, DCSW, has been a social work professional for nearly 40 years. Ms. Jick is currently a lecturer in the Social Work Professional Programs at the University of Wisconsin-Green Bay and is in clinical private practice with ICF Consultants, Inc., Milwaukee. Her background includes work in child welfare, international adoption, behavioral health, university teaching, clinical supervision, program development and agency administration. She has developed curricula and provided training for child welfare professionals around the state and has presented numerous social work ethics workshops. Ms. Jick is a past president of NASW-WI and is the current chair of the Child Welfare Specialty Practice Section of NASW national.

25. **SAFE ACTION METHODS FOR HEALING TRAUMA BY KAREN CARNABUCCI, MSS, LCSW, TEP**

1 CEH

New brain research is showing that talk therapy has limitations in working with trauma. These discoveries not only demonstrate the brain-body-spirit connection with trauma treatment but also why talk therapy has such difficulty in resolving trauma triggers. The future points to the growing value of experiential work, including the Therapeutic Spiral Model, developed by Kate Hudgins and its central intervention, the Containing Double. You will learn: 1. How to develop safety in treatment settings, with special emphasis on safety in experiential therapy. 2. The value of containment and grounding and how to encourage containment with props and images.

Karen Carnabucci, MSS, LCSW, TEP, is a psychotherapist, psycho-dramatist and educator who employs action methods to work with people to solve problems, make decisions and expand creativity. She has trained helping professionals locally, regionally and nationally since 1990 in the creative arts therapies, psychodrama and action skills in healing trauma and addictive behaviors, as well as personal growth. She is founder and main faculty member of Wisconsin's only training program in psychodrama, experiential I therapy and other action methods. In addition to her nine-month training program, based in Racine, Wis., she offers CE hours and in-service programs throughout the Midwest. For information, see www.lakehousecenter.com.

26. **THE SOCIAL WORK ROLE IN TREATMENT COLLABORATION AND MEDICATION MONITORING BY RONALD J. DIAMOND, MS, MD** 1 CEH

This program will discuss the relationship between the client, psychiatrist and clinician or licensed clinical social worker. It will discuss the critical role of the clinician or licensed clinical social worker in educating and involving the client in the medication decision process and making sure the psychiatrist has the information needed to make an informed decision about medication.

For more than 30 years, **Dr. Ron Diamond** has been involved in the community-based treatment of persons with severe and persistent mental illness. He has taught and written on issues of staff training, ethics, staff roles, decreasing coercion, medication compliance, psychiatric administration and system design. For more than a decade, he has been interested in how to integrate concepts of recovery and cultural competence into day-to-day clinical practice. The Mental Health Center of Dane County, one of the core training sites for psychiatry residents, is a national model in community psychiatry providing culturally competent services to both children and adults. He has written two books on psychopharmacology designed for non-medical clinicians, consumers and family members. The third edition of his general psychopharmacology book, "Instant Psychopharmacology" was published March 2009. His previous book, "Treatment collaboration, improving the therapist, prescriber, client relationship" was published 2007. **Dr. Diamond** received his M.D. and M.S. from the University of Pennsylvania in 1973, served his Residency at Stanford University in 1977 and received a Social Science Postdoctoral Fellowship from the University of Wisconsin in 1978. He is currently Medical Director of the Mental Health Center of Dane County, Professor of Psychiatry at the University of Wisconsin and Consultant to the Wisconsin Bureau of Mental Health and Substance Abuse

27. **FEELING STRESSED OUT: THE EFFECTS OF STRESS ON THE MIND/BODY SYSTEM BY DIANA ALTSTADT, CAPSW, CMT**

1 CEH

Social workers practice in partnership with clients in a variety of systems where needs are many and resources are never prevalent enough. Crises create short-term stress, which may become chronic stress for practitioners and clients alike. Such stress affects our body, mind and spirit. This workshop explores the effects of stress and the benefits of therapeutic massage in managing stress and encouraging overall physical, emotional and mental health.

Diana Altstadt, CAPSW, CMT: Diana's understanding of stress and social work derives from her own practice with the child welfare system, alternative education for youth involved in gangs and intimate partner violence. Having decided "why settle for some stress when you can have much more," Diana left her child welfare position in 2007 to become part of the first cohort in UW-Milwaukee's new PhD in Social Work program. Diana graduated from the Chicago School of Massage Therapy in 1994 and is certified to practice massage in Wisconsin. She currently works as a massage therapist at Massage Envy in Brookfield.

28. **CONTINUING TO UNPACK THE INVISIBLE KNAPSACK: EXPLORING THE MEANING OF WHITENESS BY MARTHA BARRY, PHD** 1 CEH

Many of us do not have a full understanding of how whiteness and the white race came in to being. Social workers who are part of the dominant culture may not be aware of how being white impacts our individual perspective on race and can impede efforts to take action against racism. This workshop will provide an opportunity for social workers to increase their knowledge of whiteness as a construct and how it relates to one's role as a social worker.

Martha Barry, Ph.D., is the Racial Justice Director for the YWCA of Greater Milwaukee. Her work includes providing community education on eliminating racism through the six-part series Unlearning Racism: Tools for Action. Dr. Barry also oversees the coordinator of the youth racial justice program which includes Camp Everytown, an anti-bias, anti-oppression week-long camp for youth ages 14-18, as well as racial justice education provided in Milwaukee area schools. Prior to her tenure at the YWCA, she spent 15 years in Human Resources for The Mark Travel Corp. She has also worked for nonprofit organizations in Los Angeles, San Francisco, and Oakland, CA as well as in Madison and Milwaukee, WI. Her Master's degree is in Continuing and Adult Vocational Education from UW-Madison with her doctoral degree in Leadership for the Advancement of Learning & Service from Cardinal Stritch University. Dr. Barry's dissertation was on the formation process of white antiracist activists.

29. **TRAUMA'S IMPACT ON BODY, MIND, HEART AND SPIRIT HEALING BY GEORGE KAMPS, LCSW, MSW** 1 CEH

Traumatic events impact the whole person. This session will weave the effects of trauma into the fabric of one's life journey. Using lessons learned from Vietnam Veterans and Native American beliefs, the presenter will enable participants to assess for the effects of trauma and assist those affected to seek balance in their physical, emotional, psychological and spiritual health

George J. Kamps MSW, ACSW, LCSW, earned his MSW at UW-Milwaukee in 1974 after serving two years of active duty in the U.S. Navy. He has worked as a psychotherapist for Family Services and the Oneida Nation for 32 years specializing in trauma recovery. He currently has a private practice in Green Bay where he continues to work, primarily, with combat veterans. George has served on the Board of Directors of NASW-WI from 1994 through 2000 and currently is completing his second term on the Dept. of Regulation and Licensing, Social Work Section of the Marriage and Family, Professional Counselors and Social Work Joint Board.

30. **EMPOWERING CLIENTS THROUGH EVIDENCE-BASED CLIENT CHOICE BY ANDREA GROMOSKE, MSW; COLLEEN JANCZEWSKI, MSW AND JENNIFER HERNANDEZ-MEIER, MSW** 1.25 CEH

Evidence-based client choice is an innovative theory and model currently being implemented in the medical field. This workshop will demonstrate how social workers can empower their clients by applying the techniques and principles of the evidence-based client choice model to a variety of social work settings. Through evidence-based client choice, practitioners offer clients information about alternative treatments/services, the benefits and harms of each, and invite clients to play a key role in decision-making. Practitioners may involve clients at many points in the practice process, which can increase client motivation, sense of power, and accomplishment. The workshop will work through several "client examples," with participation from workshop-attendees, to practice using the ideas and methods proposed by the evidence-based client choice model.

Andrea Gromoske, MSW, is a second-year doctoral social work student at the Helen Bader School of Social Welfare, University of Wisconsin – Milwaukee. Both as a paid provider of direct services and as an MSW intern, she has worked with children, families, and adults in community-based, social service agencies. Her primary research interests include child maltreatment and teen parenting. She is also dedicated to making research more accessible and understandable to practitioners.

Colleen Janczewski, MSW, is a first-year doctoral social work student at the Helen Bader School of Social Welfare, University of Wisconsin – Milwaukee. Ms. Janczewski has ten years of program evaluation and technical assistance experience in the areas of child welfare, domestic violence, and juvenile justice. Her primary research interests are in the field of systems improvement methodologies and child welfare practice innovations.

Jennifer Hernandez-Meier, MSW, is a second-year doctoral social work student at the Helen Bader School of Social Welfare, University of Wisconsin – Milwaukee. Ms. Hernandez-Meier has clinical and research experience in mental health and substance use with juveniles, college students, and adults. Her primary research interests include prevention interventions that address dangerous alcohol and other substance use on behalf of young adults and college students.

31. **ADOLESCENTS' EXPERIENCES WITH PSYCHOTROPIC MEDICATION: WHAT DO THEY SAY AND WHAT ARE THE CLINICAL IMPLICATIONS? BY TALLY MOSES, MSW, PHD** 1.5 CEH

In this session, data pertaining to subjective psychotropic medication experiences from interviews with fifty adolescents treated in Madison's mental health wraparound program will be presented and discussed. The primary focus of the analysis is the extent to which adolescents express commitment to their medication treatment. "Medication Commitment" is defined as youths' report that they would continue taking medication even if the decision was entirely their own. Qualitative data pertaining to participants' general subjective experiences with medication are used to help explain why some youth are more/less inclined to 'commit' to medication treatment than others. Also, we will examine which clinical, social, and demographic factors are associated with greater medication commitment. The discussion will focus on the importance of addressing adolescents' specific concerns about medication and maximizing their participation in treatment decision-making.

Tally Moses, MSW, PhD, is an Assistant Professor at the School of Social Work of the University of Wisconsin-Madison. Her research focuses on adolescents' subjective experiences with mental illness, stigma, and treatment. The aims of her research are to inform treatment interventions that are sensitive to the developmental concerns and needs of this age group and their caregivers.

32. TRAUMA AND RIGHT BRAIN RECOVERY BY GEORGE J. KAMPS, MSW, ACSW, LCSW

1.5 CEH

Traumatic experiences can register powerful images and symbols within the right hemisphere of the brain. This session will highlight functions of the left and right hemispheres of the brain. Trauma will be examined as a cause for left brain dominance. With traumatic memories, flashbacks, intrusive thoughts and night terrors stored in a person's memory bank, avoidance of one's right brain tools becomes a means of coping/surviving post trauma. This session will promote the importance of helping the trauma survivor reconnect with the strengths of the right brain. Through artistic expression, a person can learn to externalize the images of trauma and move toward managing the memories rather than being a victim of them.

George J. Kamps MSW, ACSW, LCSW, earned his MSW at UW-Milwaukee in 1974 after serving two years of active duty in the U.S. Navy. He has worked as a psychotherapist for Family Services and the Oneida Nation for 32 years specializing in trauma recovery. He currently has a private practice in Green Bay where he continues to work, primarily, with combat veterans. George has served on the Board of Directors of NASW-WI from 1994 through 2000 and currently is completing his second term on the Dept. of Regulation and Licensing, Social Work Section of the Marriage and Family, Professional Counselors and Social Work Joint Board.

33. THE BASICS OF GROUP THERAPY BY BOB ROCKEY, LCSW, ACSW

1.5 CEH

Group Therapy is a highly powerful therapeutic tool in the clinical arsenal. It can be used with almost all ages and with a host of diagnoses and clinical issues. Sadly many clinicians are far better trained, experienced and confident with Individual or Family Therapy than they are with Group Therapy. The purpose of this session is to describe and demonstrate various forms of Group Therapy, it's use with various age groups and populations, as well as teaching many practical approaches, techniques and other considerations in successfully running Group Therapy in various settings. This workshop is meant for either novice or experienced clinicians.

Bob Rockey, LCSW, ACSW, has performed group therapy at Rogers Memorial Hospital and elsewhere since the early 1980's and on a daily basis for more than 15 years. On an inpatient level of care Bob has worked with adolescents, adults and older adults suffering from AODA, Eating Disorders, depression, anxiety and other major mental illnesses dealing with a wide range of personal and family issues. He is a graduate of Macalester College and the University of Wisconsin-Milwaukee, and has been a guest lecturer at UWM, Alverno and Concordia Colleges in Milwaukee. Bob additionally maintains a private practice with Northshore Clinic with locations in West Allis and West Bend, WI.

34. DEMYSTIFYING SOCIAL SECURITY BENEFITS BY KRISTIN HOFFSCHMIDT, MSSW

1 CEH

Social Security benefits such as SSI (Supplemental Security Income) and SSDI (Social Security Disability Insurance) can be complex, confusing, and difficult to obtain. Many people aren't able to apply on their own, and social workers can play an important role in helping their clients navigate this system. This workshop will provide general information about the different programs and an overview of the application process; highlight successful models such as the SOAR Model and the DBS program in WI; and cover lessons learned at Dane County's pilot Community Benefits Specialist program to assist homeless individuals with mental illness.

Kristin Hoffschmidt, MSSW, is a Community Benefits Specialist at Employment Resources, Inc. (ERI). ERI provides employment and benefits counseling, assistive technology, and community outreach services to people with disabilities who are considering or pursuing employment. Ms. Hoffschmidt works with homeless people with mental health disabilities to obtain benefits such as Social Security, Medicaid, and others. She attended the UW-Madison and has worked in the areas of benefits counseling, domestic violence intervention, immigrant communities, and family support.

35. LEGAL ASPECTS OF CAREGIVING BY ATTORNEY JULIE A. SHORT

1.5 CEH

Population statistics demonstrate that older adults represent a large and growing part of American society. Those over the age of 85 currently represent the fastest growing segment of the United States population. There are over 13 million Americans with long term care needs in the U.S., and more than half of those receiving long term care are over age 65. In nearly one in four U.S. households, there is someone caring for an elderly relative or friend. This presentation will address the most common legal issues caregivers and recipients of caregiving will encounter for example, Powers of Attorney; Guardianship; Estate Planning, and Public Benefits. The presentation will provide practical tips about how to conduct conversations with family members about these sensitive and emotional issues as well as provide advice how best to utilize the services of the legal profession which can be invaluable in planning and establishing effective preventive legal measures.

Julie A. Short is the founder and Director of the Wisconsin Elder Law Institute, Inc. a Wisconsin non-stock, non-profit corporation dedicated to the dissemination of comprehensive, credible and accurate information about elder law and public benefits for Wisconsin's older adults and their families. Prior to starting the Wisconsin Elder Law Institute, Inc., Julie was the Legal Director of the Elder Law Center of the Coalition of Wisconsin Aging Groups (CWAG) during which she managed eight distinct legal services projects. Julie joined CWAG after sixteen years of privately practicing elder law and estate planning. She graduated from the University of Wisconsin Law School in December of 1992. In addition to her legal practice, Julie has been invited to be a guest lecturer at the University of Wisconsin Law School for the Lawyering Skills Course. She has been recognized for her volunteer pro bono efforts by the Wisconsin State Bar. Julie is a Phi Beta Kappa undergraduate of the University of Wisconsin-Madison. Julie is a Board Member for the Elder Law Section of the State Bar and a Board Member of the Wisconsin Chapter of the National Academy of Elder Law Attorneys. She is also a member of the Lawyer Referral and Information Services Committee of the Wisconsin State Bar. She is also a member of the Home Care Consumer Advisory Committee with the Wisconsin Department Health Services. She is a frequent presenter at continuing legal education seminars on elder law issues for the Wisconsin State Bar Association.

36. **MINDFULNESS: CULTIVATING INNER STABILITY IN THE MIDST OF UNCERTAINTY AND CHANGE** BY MARE CHAPMAN, MA 2 CEH

Although impermanence is a given in life, things seem especially turbulent and unstable these days. It's easy to feel overwhelmed and anxious about all that is beyond our control. Mindfulness is an ancient method for developing inner steadiness and balance with the challenges and uncertainty in our lives, enabling us to respond with greater wisdom, compassion and skill. In this 4-hour workshop we'll explore the principles and methods for cultivating mindfulness, experience several meditative practices, and practice applying it to challenges in our lives. You'll leave with specific, simple and potent practices to deepen mindfulness in your personal and professional life.

Mare Chapman, MA, of Lives Unlimited in Madison, WI., has been practicing holistic psychotherapy and mindfulness for over 25 years. She's trained in hypnotherapy, relational therapy, interactive guided imagery and Insight Meditation, which cultivates mindfulness. She's been teaching meditation classes for 17 years through Lives Unlimited, various work groups and organizations, and the University of Wisconsin. She has studied with Jack Kornfield, Pema Chodron, Christina Feldman, Stephen Levine, Thich Nhat Hanh, Jon Kabat-Zinn, and Sharon Salzberg.

37. **TRACKING TRENDS: A CLINICIAN'S GUIDE TO SUBSTANCE USE AND INTEGRATED TREATMENT SERVICE DELIVERY** BY AMY MOSHER-GARVEY, LCSW, CSAC, ICS, SAP 1.5 CEH

This workshop will provide an overview of recent trends in substance use locally and nationally and will discuss best practices for providing services to individuals with co-occurring disorders. The workshop will also include a discussion of Wisconsin Recovery Communities Organization efforts to integrate grassroots advocacy and peer support into recovery from CoD.

Amy Mosher-Garvey, LCSW, CSAC, ICS, SAP, is a dual-diagnosis therapist in Madison, WI. Amy is a co-owner of OPEN DOOR Center for Change, LLC and is adjunct faculty at the UW-Madison School of Social Work. She is the Chair of the Dane County Chemical Dependencies Consortium and a member of multiple delegations and committees for the improvement of integrated service delivery in Dane County. She lives in Madison with her husband and five sons.

38. **PERSONAL SAFETY ISSUES FOR SOCIAL WORKERS** BY OFFICER FRANK CHANDLER, CRIME PREVENTION OFFICER, MADISON POLICE DEPARTMENT 1.25 CEH

Social workers can face dangerous situations in the workplace. Those who work in child protective services, in schools, in mental health hospitals or institutions or in clinics may all deal with elevated risk. This course will cover various options and strategies for protecting yourself during your work. Topics will include safety at the office, transporting people, and making home visits. Time for question and answer will be included.

Police Officer Frank Chandler, Crime Prevention Officer, Madison Police Department, has Bachelor of Science degree in Law Enforcement administration. He has worked with the department for 25 years during which time he has worked in Patrol services, as a Bloodhound Handler, in the 'Blue Blanket' street level gang and narcotics unit and as a traffic investigator and crash reconstructionist. He instructs Emergency Vehicle Operations to Officers in addition to other topics. He is currently the Department Crime Prevention Officer. In this role he conducts training on personal safety, workplace violence prevention, robbery prevention and conduct security audits for both private and public organizations.

39. **BRINGING THE WAR HOME: THE IMPACT OF THE WAR IN IRAQ AND AFGHANISTAN MILITARY SERVICEMEMBERS, VETERANS AND FAMILIES** BY GAIL GUNTER-HUNT, ACSW; KURT BRUNNER, MSW, LCSW; STEPHANIE DAUGHERTY-DENNIS, MSW AND JENNIFER JAQUA, MSW, LICSW 1.5 CEH

The wars in Iraq and Afghanistan have now lasted longer than the Vietnam War and 2.2 million men and women troops have deployed since October of 2002. Over 40,000 have been wounded in action and many have injuries not apparent at first, such as post traumatic stress disorder, traumatic brain injury, and military sexual trauma. There is little doubt that members of the U.S. military are facing a number of unprecedented challenges including the stress and risks of multiple combat tours, traumatic injuries that result from injuries caused by rocket propelled grenades and improvised explosive devices. Military servicemembers also face obstacles when reintegrating back into their civilian lives, including complex health problems, family stress, and employment issues. These circumstances provide the opportunity for social workers to intervene to facilitate the psychosocial wellbeing of returning servicemembers and their families.

Gail Gunter Hunt, MSW, ACSW, LCSW earned her BA in History at Arkansas State University and her MSW at the University of Arkansas at Little Rock. She has been a social worker at the Madison VA Hospital since 1982 and prior to that she was a Senior Social Worker at the University of Michigan Medical Center. Gail is currently the Women Veterans Program Manager and previously she was the Geriatric Evaluation and Management Coordinator/Social Worker at the VA. She is a Senior Preceptor at the University of Wisconsin-Madison School of Social Work where she serves on the Professional Consultative Committee and the Curriculum Committee and routinely supervises MSW students. Gail has also supervised MSW students from UW-Milwaukee and Aurora University, George Williams Campus. In 2006, Gail was selected as the NASW Wisconsin Distinguished Social Worker and also as the NASW Wisconsin South Central Chapter Distinguished Social Worker.

Gail Gunter Hunt, 608-256-1901, ext 11687, gail.hunt@va.gov

Kurt Brunner, MSW, LCSW, earned his BS in Social Work, from Saint Cloud State University in 2004 and his MSSW from the University of Wisconsin-Madison in 2005. He worked for three years for Family Services of Northeast Wisconsin as a group therapist with adolescents. Kurt currently is Social Work Case Manager at the Madison VA Hospital, serving Veterans from the wars in Afghanistan and Iraq.

Stephanie Daugherty-Dennis, MSW, earned her BA in psychology and sociology from Purdue University in 2007 and her MSW from UW-Madison in 2011. She concentrated her studies in health, aging and disability with a strong interest in promoting social policies that advance health and wellbeing for vulnerable women. From September 2010 through May 2011, Stephanie was a social work intern at the Madison VA Hospital in the Women Veterans Health Program under the supervision of Gail Gunter Hunt, Women Veterans Program Manager.

Jennifer Jaqua, MSW, LICSW, earned her BA in Social Work, from the University of Wisconsin-Eau Claire in 1980 and her MSW from the University of Wisconsin-Madison in 1983. She has worked as a civilian social worker with the US Department of Veterans Affairs (Minneapolis and Madison) for 18 years and also worked with the Department of Navy (Puget Sound Naval Station and Naval Station Bermuda) for 10 years. She has held a variety of clinical social work and program coordinator positions with a wide range of clients providing individual, couples and group counseling, crisis intervention, case management, as well as student and staff supervision. Jennifer is currently the Caregiver Support Coordinator at the Madison VA Hospital.

40. SERVING THE NEEDS OF LGBTQ COMMUNITY DURING THE LIFESPAN BY DANA L. STROHM, MSW

1.5 CEH

The workshop will discuss the role of the Social Worker in micro, macro, and mezzo levels, in working with clients in the LGBTQ community. Learners will be able to identify the goals of practice, stressors and needs of the community, roles as a practitioner, and community resource building. Focus will coordinate changes of LGBTQ individuals, families, and the elderly throughout the lifespan, utilizing a comprehensive approach; including assessment of youth, individual practice with families, and advocacy for the elderly.

Dana L. Strohm, MSW, is a Social Worker at a regional hospital located in Wausau, WI, as well as an Adjunct Faculty member at the University of Wisconsin-Whitewater and Marian University. He has specialized in providing undergraduate students with a special studies education in LGBTQ issues over the lifespan; offering the first course to focus specifically on LGBTQ issues in the practice of Social Work at the University of Wisconsin-Whitewater. He also provides instruction in the areas of Social Work Policy, Family Interventions, and Practitioner Skill Development. Dana is the NASW WI North Central Branch Chair, and enjoys providing educational opportunities for the organization, the community in which he professionally serves, and the future professionals at the undergraduate level.

41. WISCONSIN HEALTH CARE ADVANCE DIRECTIVE OPTIONS: EMPOWERING CLIENTS TO TAKE CHARGE PRIOR TO INCAPACITY BY KRISTIN SCHEELER, MSSW, CAPSW

1.5 CEH

This workshop will offer a detailed explanation of various advanced directives, including Health Care Power of Attorney, Living Will and Final Arrangements Advance Directive allowing attendees to understand the differences between the documents, including pros and cons of choosing to complete or not complete each. I will use evidence based research detailing the efficacy and usefulness of each document. I will distinguish legal intricacies of each document, explaining what each is meant to achieve and the limitations of each. I plan to present each document with plenty of case examples and a multi-media presentation, including audience participation and time for questions

Kristin Scheeler, MSSW, CAPSW, has been working professionally with older adults since 2003. She has worked in a skilled nursing facility, outpatient family practice clinic, area agency on aging focal point for seniors in Dane County, a hospice, and now for BrightStar in Madison as the agency's (nationwide) first social worker. She has supervised several master's level social work students and enjoys fulfilling the educational sharing charge of the Code of Ethics. Kristin's primary professional interests are in health care, aging and end of life social work.

42. PRE-LICENSURE CLINICAL SUPERVISION FOR PRACTITIONERS IN YOUTH-SERVING AGENCIES BY CAROL FAYNIK, MA, LCSW

3 CEH

This workshop will focus on clinical supervision for practitioners seeking Wisconsin licensure. The primary focus will be on supervision within a multi-systemic framework, most applicable to practitioners in youth-serving agencies, who treat children, adolescents and families. The workshop will cover legal and professional requirements and guidelines, responsibilities of the supervisor and supervisee, and the parallel multi-systemic, active, directive framework for treatment and supervision. The workshop will include live demonstration of supervisory vignettes.

Carol Faynik is a Licensed Clinical Social Worker in the State of Wisconsin, and has a private practice at Family Therapy Center of Madison. She has been a lecturer, field supervisor and Senior Preceptor for the University of Wisconsin School of Social Work, and Clinical Assistant Professor with the Department of Counseling Psychology. Ms. Faynik provided pre-licensure supervision to numerous practitioners from 2004-2011, was an Approved Supervisor for the American Association of Marriage and Family Therapists for 11 years, and was co-founder, faculty and supervisor for the post-graduate training program of Family Therapy Training Center 1986-1991.

43. WORKING WITH ANGRY PEOPLE BY DR. RON DIAMOND, MD

1.5 CEH

Anger is one of the basic human emotions. We all become angry, and we all have occasions when the people that we work with get angry. We get angry when we feel we are not being listened to, when we are not believed, when we are made to feel stupid or when we are made to feel that we did something wrong. Our patients get angry for the same reasons. When we are angry, we do not want a friend or support person to be reasonable. We want someone to side with us and listen to our anger and how upset we are with the world that has been unfair to us. Our patients want the same when they are angry. This lecture will discuss what gets people angry, and how we can effectively work with someone who is angry. It will discuss how we can safely and practically meet both our needs as clinicians and the needs of our patients.

For more than 30 years, **Dr. Ron Diamond** has been involved in the community-based treatment of persons with severe and persistent mental illness. He has taught and written on issues of staff training, ethics, staff roles, decreasing coercion, medication compliance, psychiatric administration and system design. For more than a decade, he has been interested in how to integrate concepts of recovery and cultural competence into day-to-day clinical practice. The Mental Health Center of Dane County, one of the core training sites for psychiatry residents, is a national model in community psychiatry providing culturally competent services to both children and adults. He has written two books on psychopharmacology designed for non-medical clinicians, consumers and family members. The third edition of his general psychopharmacology book, "Instant Psychopharmacology" was published March 2009. His previous book, "Treatment collaboration, improving the therapist, prescriber, client relationship" was published 2007. **Dr. Diamond** received his M.D. and M.S. from the University of Pennsylvania in 1973, served his Residency at Stanford University in 1977 and received a Social Science Postdoctoral Fellowship from the University of Wisconsin in 1978. He is currently Medical Director of the Mental Health Center of Dane County, Professor of Psychiatry at the University of Wisconsin and Consultant to the Wisconsin Bureau of Mental Health and Substance Abuse

PROGRAMS 44. THROUGH 47. WILL BE AVAILABLE - JUNE 2012

44. CHILD ABUSE AND NEGLECT: EFFECTS ON THE BRAIN AND A CALL FOR ACTION BY DAVID COOPERSON 1 CEH

Child abuse and neglect can cause severe neurobiological damages to a child's developing brain. The consequences can be higher rates of SMI, substance abuse disorders and violent criminal behavior. This session will examine the record and suggests ways for social workers to advocate for more effective legal protections.

David Cooperon, MSW, MA, LCSW, retired in 2005 after 32 years as a social worker, supervisor, and administrator in the Philadelphia Dept of Human Services.

45. MANAGING LACK OF INSIGHT IN INDIVIDUALS WITH SERIOUS MENTAL ILLNESS BY CHRISTINA NEWHILL, MSW, LCSW, PHD 1 CEH

Often people with Serious Mental Illness do not perceive that they have a problem. This differs from denial, where one knows there is a problem but refuses to admit it; rather the person has a "lack of insight" and believe that they are fully functioning. This contributes to resistance to treatment. This session will examine the LEAP method proposed by Xaxier Amador that focuses on collaboration with the client by Listening, Empathising, Agreeing and Partnering.

Christina E. Newhill earned a PhD in social welfare from the University of California, Berkeley; a master's degree in social work from Syracuse University; and a BA in sociology from the State University of New York, Binghamton. Newhill chairs the Direct Practice Concentration in the MSW program, serves as Coordinator for the Mental Health Certificate, and teaches in the MSW and Ph.D. programs. In 2008, she received the Chancellor's Distinguished Teaching Award, Pitt's highest teaching honor. Professor Newhill's primary research interests are community mental health services, the treatment of individuals with serious and persistent mental illness, and the assessment of violent behavior; she is the principal investigator on several research studies focusing on violent behavior and risk assessment and is currently examining the relationship of borderline personality disorder, emotion-regulation problems, and violent behavior. Newhill has more than 10 years of community mental health practice experience, primarily in psychiatric emergency and inpatient settings. She has conducted training workshops on client violence and social worker safety at the local, state, and national levels for many years and authored "Client Violence in Social Work Practice: Prevention, Intervention and Research", published in 2003 by Guilford Press and recently translated into Chinese and Korean. She is currently working on two books, the first addresses clinical social work practice with individuals with serious mental illness and their families, and the second book addresses knowledge, theory, values and skills in direct social work practice. Professor Newhill is a licensed clinical social worker in California and Pennsylvania.

46. GRIEF AND LOSS: NUMBING THE PAIN THROUGH SUBSTANCE ABUSE BY JESSICA HOLTON 1 CEH

Individuals who have endured a severe loss need to work through the stage of grief outlined by Elizabeth Kubler Ross: denial, anger, bargaining, depression and acceptance. Some people avoid this process through substance abuse as a way of numbing the pain. This workshop looks at the anticipated rise in substance abuse among elders as the "baby boom" generation ages.

Jessica Holton, MSW, LCSW, LCAS, graduated with a Master's of Social Work from East Carolina University's College of Human Ecology's School of Social Work in 2003. She is a Licensed Clinical Social Worker and a Licensed Clinical Addictions Specialist. Jessica has experience working in in-patient, private for-profit and private not-for-profit settings. She is also certified to provide therapy to Deaf, Deaf-Blind, and Hard of Hearing individuals. She is actively involved with her profession on a variety of levels: She is the Co-Chair of Greenville's Local Program Unit for North Carolina's Chapter of National Association of Social Workers (NASW-NC). She was recently elected as President Elect (2011 - 2012) for NASW-NC, in which her term as President will be from 2012 - 2014. Jessica was initially appointed to the National Association of Social Worker's Alcohol, Tobacco and Other Drug (ATOD) Specialty Section Committee in 2008 and was recently appointed as the Chair (2010 - 2012) of the ATOD Specialty Section Committee. Jessica Holton began her private practice in January 2008. She enjoys presenting on various topics, ranging from agency, local, State, and National levels. She also offers clinical supervision to provisionally licensed clinicians.

47. HIGH FUNCTIONING AUTISM AND ASPERGER'S SYNDROME: THE DILEMMA OF THE AUTISM SPECTRUM BY WILLIAM SHRYER 1 CEH

In this very brief presentation we will look at the difficulty in teasing out what is Asperger's, what is High Functioning Autism, and what is Non-Verbal Learning Disability. Are they really that different or are they more similar than different. What about the DSM V's plan to lump them all together under the title of "Autism Spectrum Disorder's? We will also spend some time discussing rating scales and how to perform a comprehensive evaluation.

William J. Shryer, DCSW, LCSW: Mr. Shryer earned his BA degree in Sociology at California State University in Hayward. He received his MSW from the University of California at Berkeley specializing in Children and Families. Mr. Shryer has been in private practice since 1981 specializing in Autistic Spectrum Disorders, Mood Disorders, and the Anxiety Spectrum in children, adults and their families. Mr. Shryer has lectured frequently to college classes and professionals in the areas of ADD and Autistic Spectrum disorders and their implications in the educational setting. He has been active in a number of CHADD chapters. Mr. Shryer manages three behavioral clinics with a staff of MD's, Counselors, Clinical Psychologists, and Special Education teachers. He has been the moderator on CCTV, (Contra Costa Television) for both "Mental Health Perspectives", and "With the Family in Mind" which discussed topics such as Asperger's Disorder, Autism, Bipolar disorder and Attention Deficit Disorder in children and adults.

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